



Viksit Bharat District Level Youth Parliament held at ICFAI University

SE Report

GANGTOK, March 2: My Bharat, Gangtok in collaboration with The ICFAI University Sikkim successfully organised the Viksit Bharat District Level Youth Parliament on Monday at the university campus. The programme brought together 52 registered participants from Gangtok District to deliberate upon the significant national theme, '50 Years of Emergency: Lessons for Indian Democracy', a press release informs.

The event commenced with the ceremonial lighting of the lamp, symbolising the illumination of knowledge and democratic values, followed by

the rendition of Vande Mataram, instilling a spirit of patriotism and constitutional awareness among the participants.

Mangal Jakhar, deputy director, My Bharat Sikkim, Ministry of Youth Affairs and Sports, Government of India, delivered the welcome address and highlighted the importance of youth engagement in strengthening democratic institutions through informed dialogue and active participation.

The programme was graced by Sandhya Gurung, Dronacharya Awardee, as the chief guest, and Ashish Trivedi, Assistant Commandant of the Indo-Tibetan Border Police, as the



special guest.

Dr. Rohit Rathi, registrar of the university, formally welcomed the gathering and felicitated the distinguished guests as a mark of respect and appreciation.

In her address, Sandhya Gurung encouraged the youth to cultivate 3Ds – Dedication, Discipline and Determination, emphasising that democracy flourishes when young citizens actively participate with integrity and awareness.

Ashish Trivedi, in his speech, highlighted the importance of national unity, respect for institutions, and informed civic engagement,

stating that safeguarding democracy is a shared responsibility that extends beyond borders and into everyday citizenship.

The Youth Parliament provided a vibrant platform for students to critically reflect upon the Emergency declared in 1975 and its lasting impact on civil liberties, governance structures, and democratic institutions in India. Participants demonstrated a strong grasp of parliamentary procedures while presenting reasoned arguments, counter arguments, and policy perspectives rooted in constitutional principles.

The deliberations underscored the importance of vigilance, institutional accountability, and protection of fundamental rights as pillars of a robust democracy. The event not only simulated parliamentary functioning but also reinforced the values of dialogue, dissent, and democratic participation among the youth fraternity.

The programme concluded with a renewed commitment among participants to uphold democratic ideals and contribute meaningfully towards nation building under the vision of Viksit Bharat, the release mentions.