



ICFAI felicitates Brahma Kumari Rajyogini



SE Report

GANGTOK, March 2: The ICFAI University, Sikkim, felicitated Brahma Kumari Dr. Usha Didi, international motivational speaker and senior Rajyogini of Brahma Kumaris, with the prestigious Lifetime Achievement Award.

The award was presented during the spiritually enriching program titled “Knowing & Managing Ego with the Art of Positive Thinking” held at Brahma Kumaris Shantikunja here today.

The event was graced by RDD minister Arun Upreti as the chief guest. The event witnessed an inspiring congregation of spiritual seekers, academicians, and dignitaries, informs a press release.

The university delegation comprised registrar Dr. Rohit Rathi, joint registrar Sandhya Rani Pant, and associate dean of C&QA Anuj Bhattacharya, who attended the program.

The award is in recognition of Dr. Usha Didi lifelong contribution to spiritual awakening, value-based education, women’s empowerment, and global peace initiatives, said the university.

Brahma Kumari Dr. Usha Didi is widely respected for her profound spiritual wisdom and transformative teachings rooted

in Rajyoga meditation.

Over the decades, she has dedicated her life to spreading the message of inner peace, emotional resilience, positive thinking, and self-realization across India and abroad. Through her impactful lectures and counselling sessions, she has guided thousands towards holistic well-being and spiritual empowerment.

Addressing the gathering, Dr. Usha Didi emphasized the importance of managing ego in personal and professional life, highlighting that true leadership begins with self-awareness and inner discipline. She underscored that positive thinking is not merely an attitude but a conscious spiritual practice that nurtures harmony within oneself and in society.

The ICFAI University Sikkim acknowledged her unwavering commitment to humanity and her exemplary role in promoting ethical values and spiritual consciousness. The felicitation stands as a tribute to her remarkable journey of service, dedication, and inspiration to generations.

The programme concluded with a collective meditation session, leaving the audience spiritually rejuvenated and intellectually enriched, the release mentions.