

A Talk on Mindset Transformation Initiative by Rise Development Academy Pvt. Ltd

Date: 7th June , 2024



The ICFAI University, Sikkim held a significant event today, featuring a Proposal for Mindset Transformation Initiative by Rise Development Academy Pvt Ltd. The session was conducted by Mr. Sunil Parekh, India's leading success coach and an international expert on human potential and the subconscious mind.

Our Honorable Vice Chancellor, Dr. Jagannaath Patnaik warmly welcome by offering the khadas to Mr. Sunil Parekh and his team. Also in attendance were Dr. Rohit Rathi, Registrar; Ms. Sandhya R Pant, Deputy Registrar; Dr. Khina Maya Rimal, Academic Dean; along with Heads of Departments, faculty members, and administrative staff.

During the session, Mr. Parekh focused on the practice of gratitude, the power of the subconscious and conscious mind, and the impact of positive and negative thoughts on our lives. He highlighted the transformative power of the mind and mindset, emphasizing how positive thinking can change one's life through the practice of gratitude.

He also conducted an interactive session, demonstrating the power of mind belief and mindset. He shared his quote, "Transform the subconscious and you awaken to a world of new possibility," underscoring the potential for personal growth and transformation through mindset change.

Mr. Parekh concluded by stating that there are only two obstacles to success: negative thoughts, which he referred to as a virus, and being confined by limited beliefs. He encouraged everyone to think unconditionally and be limitless in their aspirations.